Integration of Religious Values in Learning in Eliminating the Demoralization of Generation Alpha in Indonesia

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Abstract

It is often found that children belonging to Generation Alpha are especially fond of playing with gadgets or smartphones. But behind the fun, they ignore the other side of life, namely how to behave in social. Even to their parents, they are often ignored when they are busy with their devices. This is a reflection that the current Generation Alpha, especially in Indonesia, needs more intense guidance. The purpose of this paper is to find out the strategies that are carried out so that the unification of religious values in learning is carried out, and whether by including religious values in learning can erode demoralization in Generation Alpha. The type of research that the author takes is library research, a research that examines using library data. The results of the study found that; the strategy is carried out so that the process of integrity of religious values is carried out by integrating values in learning activities by linking the material presented with moral values, or the value of monotheism to God. And also by using words related to the character of students, as well as using religious symbols during teaching and learning activities.

Keyword: Integration of Religious Values; Learning; the Demoralization of Generation Alpha

Integrasi Nilai-nilai Religius pada Pembelajaran dalam Mengikis Demoralisasi Generasi Alpha di Indonesia

Abstrak

Acap kali ditemui anak-anak yang tergolong dalam Generasi Alpha khususnya sangat gemar dalam bermain dengan gawai atau smartphone. Namun dibalik kesenangannya tersebut, mereka mengabaikan sisi kehidupan lainnya, yaitu bagaimana cara bersikap dalam sosial. Bahkan kepada orang tua mereka, sering kali diabaikan ketika mereka sedang asik dengan gawainya. Hal ini menjadi cerminan bahwa Generasi Alpha saat ini khususnya di Indonesia, perlu adanya bimbingan lebih intens. Tujuan penulisan ini untuk mengetahui strategi yang dilakukan agar penyatuan nilai religius pada pembelajaran terlaksana, dan apakah dengan memasukkan nilai religius pada pembelajaran mampu mengikis demoralisasi pada Generasi Alpha. Jenis penelitian yang penulis ambil yaitu kajian pustaka (library research), merupkan penelitian yang mengkaji dengan menggunakan data pustaka. Hasil penelitian didapatkan bahwa; strategi yang dilakukan agar proses integritas nilai religius terlaksana dengan melakukan pengintegrasian nilai dalam kegiatan pembelajaran dengan mengkaitkan materi yang disampaikan dengan nilai akhlak, atau nilai ketauhidan kepada Tuhan. Dan juga dengan menggunakan kata-kata yang terkait dengan karakter siswa, serta menggunakan lambang keagamaan pada saat kegiatan belajar mengajar.

Kata Kunci: terdiri dari 3 sampai 5 kata dan/atau kelompok kata, sesuai urutan abjad, dan antara kata kunci dipisahkan oleh titik koma (;)[Font: Cambria, size: 10, normal].

PENDAHULUAN

Based on the time of birth, it turns out that humans can be grouped into several stages of the birth generation. As Nurhasanah & Richardus stated in Muhammad Yasir and Susilawati, that generation is known as the Baby Boomers Generation if born from 1946 to 1964. Then it is called the Slacker Generation or Xers (Generation X), if someone who was born in 1965 until 1979. After that it is referred to as Generation Y, if the person was born in 1980 until 2000. And referred to as generation Z for a person births starting from birth years over 2000. As well as hereinafter referred to as the Alpha generation for someone who has a birth year above 2010 [1].

Suhantono revealed, that it is clear that the characteristics of the Alpha generation are being familiar with gadgets, multitasking, communicating a lot with others widely through online media, thinking openly, happy with practical and critical things. 2024 is the last year for someone entering the Generation Alpha group. The Alpha generation has a special designation stuck in them, namely screenagers. This is based on because in everyday life the screen has become commonplace in front of them at the age of those who are still very young [2].

Based on this presentation, the author concludes, the Alpha generation is a generation born at a time when the world of technology, especially information technology, is increasingly advancing and they at a very young age can now enjoy the sophistication of smart screens in their daily lives. In fact, every move is sniffy in Generation Alpha children This is never separated by smartphones or gadgets which are currently strongly supported by easy internet access. With the development of the sophistication of technology today, of course, it will change the family's parenting style towards their children, because the character in Generation Alpha is very different from the characteristics in previous generations, the family in particular must be able to adapt to the times.

The ease with which Generation Alpha has in accessing the internet makes them accustomed to doing many things through cyberspace, such as shopping for food and goods online. Not only for daily needs, Generation Alpha also utilizes a lot of technological sophistication for the purposes of completing school tasks. From this process, Generation Alpha can develop well through learning that is self-reliant and exploratory. But it is undeniable that not all Alpha Generations are able to get the convenience and benefit of the sophistication of the technology. Because the presence of the impact of technological progress is not something that can be established in life. Those who are now classified as Generation Alpha must be able to make the current technological advances an opportunity and also a challenge to establish themselves into a better person in the midst of strong global currents.

But apparently, Generation Alpha's attachment to gadgets as a form of technological sophistication and coupled with easy internet access causes some children to use smartphones or gadgets not to make solutions for them to complete learning activities. In fact, those who belong to generation Alpha are more likely to use the smartphone or device just to give it pleasure as well as satisfaction with their need for entertainment. Just like being used to watch videos or movies on Youtube channels, having fun on their tiktok account, even tending to just play online games all day, and run away from the original purpose for the use of learning media.

Furthermore, the unstoppable sophistication of technology is feared to make

Generation Alpha very vulnerable to exposure to radicalism, pornography, drugs, and hedonism. So in order to anticipate this, teachers and parents should collaborate with each other in providing understanding to them so that they can choose and sort out which content is positive and useful, and which content has a bad impact and can plunge into dangerous things. So that in the end, Generation Alpha is able and skilled in selecting and choosing good, useful, and motivating information to respect differences, love themselves and others, respect noble morality, and appreciate beauty and art.

Efforts to build good morals for generation Alpha can be applied with various efforts, including by including by including religious values in teaching and learning activities, especially in schools. By infiltrating moral values and divine values in the material conveyed in school, it is a form of effort in integrating these values. The activity of integrating knowledge into the learning process carried out is part of a must to do, because simultaneously it can influence empirical aspects. In Amril's view as quoted by Sunarti, et al., that efforts to integrate values will not be separated from efforts to include neglected values in science. Valueization is a form of effort carried out in a structured and planned manner, which is aimed at a good union between science and values, including religious values that are inherent to the value itself [3].

In the author's view, it is often encountered that children who belong to generation Alpha in particular are very fond of playing with gadgets or smartphones. But behind the fun, they ignore the other side of life, which is how to behave in the social. Even to their parents, they are often overlooked when they are engrossed in their gadgets. This is a reflection that the current Alpha Generation, especially in Indonesia, needs more intense guidance. Among the best ways that can be given is through teaching and learning activities in schools that they do every day, by including religious values in every lesson they receive.

So that in this writing, the purpose of this writing is to find out how the strategies and steps taken so that the process of infiltration of values in subjects can be carried out, and whether through the infiltration of values in subjects is able to erode the demoralization that is now happening in the Alpha Generation in Indonesia.

RESEARCH METHODS

The type of research used by the author is library research, because this research has the aim of collecting information and data by requiring help from various materials that can be obtained from libraries, such as books, notes, manuscripts, magazines, documents, historical stories and so on [4]. In other words, the data or information needed in this study comes from books, notes, manuscripts, magazines, documents, historical stories and so on that can be obtained in libraries so that they do not require research to the field. This happens because this research tries to answer and solve problems in the field through literature research.

RESULTS AND DISCUSSION
Integration Of Religious Values In Learning

To be able to integrate diversity values in each teaching and learning activity, teachers must take several stages. The integration process can make learning activities not feel boring which is only limited to transferring knowledge, but it is felt by students that

there is an instillation of religious values in the teaching and learning activities. So that the results obtained from teaching and learning activities not only have an influence on the realm of student knowledge, but can also touch on the realm of attitudes and skills as well.

At least there is a pattern in infiltrating religious values that can be done in teaching and learning activities, including:

1. The Cultivation of Religious Values in Teaching Materials

In essence, the role of a teacher is to provide knowledge to students, and prepare students so that they can have qualified knowledge. However, in the activity of providing knowledge to students, teachers are expected not only to convey knowledge but also to be able to apply the right pattern in integrating values in it. The pattern in question is that a teacher in explaining the learning material not only explains the relationship of the material to the scope of general knowledge, but also infiltrates religious values in it so that it can lead students to an achievement of character. Setiyo stated that by instilling religious values into students, they will simultaneously be able to form a generation of a nation with character. The way that can be used to create a generation of people with character is to integrate religious values into teaching in schools [5].

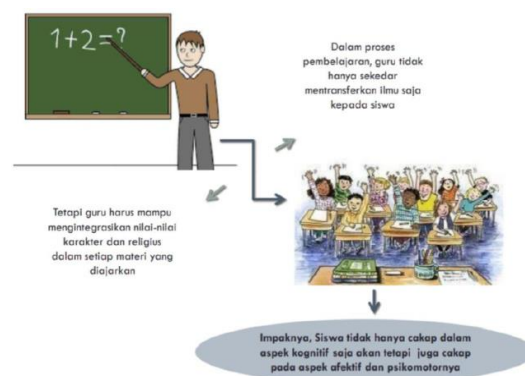The way that can be done can be through the following illustration:

Figure 1. Integration Activities in Learning Materials

Through integration activities that infiltrate values in learning, it is one of the ways that is considered effective so that students are able to understand the material presented in a complex and in-depth manner. So that students are not only able to understand the material provided by the teacher, but also able to understand the values contained in it. The essence of infiltrating religious values into the material taught is not a difficult matter, but rather the need for the ability and awareness of the teacher of the importance of learning.

For example, Ewita argued that in the study of Natural Sciences, if there is no connection between science and Islamic values in it, it will only provide scientific products that are dichotomous. Because the essence of the infiltration of religious values into teaching materials is so that students avoid scientific dichotomies, and provide reinforcement to students that the knowledge gained must be strengthened

by faith and devotion [6].

Below are ways that can also be applied by teachers in teaching and learning activities:

Figure 2. How to Integrate the Value of Godliness in Science Lessons

Based on the method exemplified, the provision of religious values carried out by the teacher in the material taught will be able to present the characteristics of students who believe that everything that happens in this world is the will of Allah SWT. Thus, the science received by students is not science that is only worldly but science that already contains religious values in it. Such abilities are expected to exist in every teacher in delivering the material taught, so that the delivery given by the teacher does not feel boring and only revolves around the realm of knowledge, but is also able to provide nuances that can cultivate the characteristics of students into a much better personality.

2. Use of Religious Symbols in Learning

Activities to infiltrate religious values in teaching and learning activities can also use religious symbols. Infiltrating religious values in teaching and learning activities can be done through the use of directly related vocabulary. Among the ways that can be done to infiltrate religious values on Islamic symbols, such as:

Figure 3. How to Infiltrate Religious Values Through the Form of the Kaaba

Based on the explanation of the pattern above, the teacher should be able to provide directed, memorable learning, and have religious values which will be able to make students better understand the material in depth. This scientific integration activity is not a difficult thing, but rather the need for awareness and willingness of teachers to continue to train themselves to be able to easily provide comprehensive integrated learning.

Foundations Of Religious Education

Value is a very important thing to have, because value has an influence on students' psychics, ways of socializing, ethical ways, and ways of looking at an aesthetic so that it can be used as a form of guidance in carrying out life. The relevance that is expected to occur in students in the future is the realization of a good student personality, so that in the actualization of life behavior reflects a Muslim who has good morals. Value is a very important thing to have, because value has an influence on students' psychics, ways of socializing, ethical ways, and ways of looking at an aesthetic so that it can be used as a form of guidance in carrying out life. The relevance that is expected to occur in students in the future is the realization of a good student personality, so that in the actualization of life behavior reflects a Muslim who has good morals [7].

Through education, a person will be built into a more mature personality, both mature in knowledge, mature in emotional level, and also mature in religion. This can have a significant influence on a person's future development. So in this case, it is appropriate that what is the basis for instilling religious values in a person must be something which is sourced from the Qur'an and Hadith, as the main guidelines in islam in particular. As explained below:

1. The Qur'an as a Basis

    The Qur'an is the first and foremost foundation for human beings, especially Muslims in their daily lives. Because the Qur'an contains all kinds of problems and knowledge of the world and the universe comprehensively. So that the problems related to education are certainly present and are clearly stated in the Qur'an. As allah Almighty said in the Qur'an which means:

    O people of faith, nourish yourselves and your families from the fires of hell whose fuel is man and stone; his guardians are angels who are rude, hard, and do not disobey God for what He commands them and always do what is commanded". (QS. At-Tahrim/66: 6) [8].

    The above verse explains that every individual is obliged to maintain the safety of himself and his family so as to find himself on the path of haq not on the path of the one that is instigated. So that way, it will save yourself and avoid the torment of hell. Therefore, through education, it is hoped that they will be able to bring themselves and their families to the path of salvation. Thus, by integrating a value in science, it is hoped that it will be able to cultivate a person's characteristics into a person who is smart and has the value of religiosity.

2. Hadith as a Basis

    A Muslim has an obligation that is inseparable from him, which is to study until the end of his life. So that education becomes the right way to get knowledge. In family life, parents are the most appropriate figures as providers of education for

their children. Because of its essence, every child born must be in a fitrah (holy) state, so that both parents play an important role in coloring the child's life. As revealed in the hadith of the Prophet Muhammad SAW, which means:

"Every child born in a fitrah (holy) state, so that the child can speak, then it is the parents who make the child Jewish, Christian, or Majusi". (HR. al-Baihaqi, and ath-Thabarani in al-Mu'janul Kabir)

Strategies For Developing Religious Value In Learning

Humans are zoon politicon, which means that humans are creatures that are not able to stand alone without other creatures (other humans), because in essence humans are created to be creatures who can help each other and need each other in their daily lives.

Through religious values, it will become a guide for humans in shaping the social order of society in their lives. So that the order that is created becomes an order of social life that is in accordance with the guidance of religious teachings.

According to Djamaluddin Ancok, in religious teachings the attitude of religiosity does not only occur when a person performs worship, nor is it related to something that must be visible to the naked eye but all forms of activities that appear and do not appear to the naked eye and have a coherent impact on the personality of daily life. Therefore, all forms of learning development must be oriented towards the integration of values in various aspects of a person's life [9]. So that the purpose of student religiosity is to support their religious believers to have a foundation of thinking as a whole (kaffah). As stated in the word of Allah Almighty, which means:

"O people of faith, enter ye into the religion of God as a whole, and do not follow the steps of syaiton. Indeed, the syaiton is a real enemy to you". (QS. Al-Baqarah/2: 208) [8].

Generation Alpha

Generation alpha as quoted in Isaac Fadlurrohim, et al.. that it is a generation very close to the sophistication of technology, and is a generation that is recognized as a smarter generation than the generation before them. According to the results of the survey, it shows that every week around 2.5 million children from the alpha generation group are born in the world. Generation Alpha is the generation closest to life related to the internet. The Alpha generation is a generation that is inseparable from gadgets, a generation that is recognized as a generation that is minimal in social life, has low creativity and tends to be individualist. This generation has always been presented with a variety of things that are instantaneous, and really lack the importance of a process. Their excitement with gadgets makes this generation tend to be isolated in socializing [10].

The difference in the growth and development of the alpha generation with the previous generation has become a trigger for differences in points of view and rules in social life, which initially all forms of life activities were carried out simply but now everything is starting to be done with the help of technology. Based on the perspective of life, parents have a very important contribution in every child's development.

At the beginning of their lives, the alpha generation has been presented with technological sophistication, even most children today are still 2 years old who are able to operate gadgets skillfully. This should be a concern for parents in particular, because children are able to use gadgets at a young age, parents must be ready to monitor and guide

children. Because it is undeniable that, the child will more easily absorb everything that they see, and they hear, so that it is directly recorded perfectly in the memory of the child's brain. By playing online games freely, and killing enemies easily in the game world, it is feared that it will become a trigger for the child's personality emotionality that hitting, and killing someone is not a bad thing. This gives the view that the different current generations will also have different ways of guiding and the problems they cause. Because the development and sophistication of technology is not something that can be contained, but rather accepted and utilized as it should be. Because in the sophistication of technology there are also many benefits that can be taken from it, such as training how to communicate and children's motor sensory skills [11].

The Role Of Parents In Generation Alpha

The advancement of digital technology, which is now venturing into the world of education, is an important idea in creating a digital literacy movement. Because as parents, they must be able to provide guidance and direction to the alpha generation of children as a form of provision for the child in facing all forms of obstacles they face at this time and in the future. The unstoppable sophistication of technology, which is always evolving every second, can lead the alpha generation to become a generation that must be prepared for the changes that continue to occur. So that parents are also required to be mentally and physically prepared in providing guidance and direction to their children, until they get the best education as a form of preparation in the development of children who are now all digitally literate [11].

The Alpha generation tends to grow and develop as an individualist generation, because with their closeness to technology and the material readiness of the family, it causes them in everyday life to be more active in interacting and communicating through smartphones than to society directly. It is feared that this can lead to a bad attitude for the child's self-development, namely the presence of anti-social traits. In this problem, parents have an important role in educating children to take advantage of the sophistication of technology in accordance with their needs and benefits only. So that parents are expected to be able to teach religious values, and behave correctly, so that children become wise individuals in the use of technology. However, this does not mean that parents then keep children away from technology so as not to be exposed to the adverse effects of the presence of technology. However, parents invite children and communicate with each other in placing the use of smartphones according to their needs, and not excessively.

On the other hand, parents can invite children to carry out activities that are social in nature so that children are fostered social attitudes in themselves. Activities that can be done can be such as visiting relatives who are sick, raising funds for relatives affected by natural disasters or disasters, sharing with orphans, or it can also be by facilitating children to make movements in helping others. Because in essence, at this time, it is impossible for someone to be far from their device, especially for the alpha generation. However, this can be anticipated by using enough gadgets and using them to help others. Due to the increasingly dense information circulating in society through technological sophistication, making people must be able to choose and intelligently sort out content and media that can be trusted as a source of information. Not a few scattered false information and smelling of lies that can threaten the destruction of the social order of society, thereby causing divisions

and commotion. So it becomes important in filtering incoming information and guiding the alpha generation to be wise in socializing on social media [11].

Demoralization Of Generation Alpha

Morale in Generation Alpha is now being eroded because they like to use smartphones or gadgets and forget about social life. Even through gadgets or gatget used by many alpha generations who get a bad impact directly because they follow bad trends on social media. Among the moral impacts directly caused are:

1. Decreased attitude of discipline

    The rapid sophistication of technology provides an entertainment treat that is so easy for anyone to access, that it is often easier for someone to follow the look and fashion trends of someone they just saw. Children who are very fond of using gadgets will of course have a bad impact on their character development, and even the degradation of their character values. The result is in the form of a character who tends to be ignorant or indifferent, wants to always get something without effort, has no sense of concern, and tends to be a selfish personality of his will.

    So that the attitude of discipline in a person collapses, because the child is unable to face the obstacles that exist in his environment. Children become indifferent to the rules and norms that apply in their living environment, because they do not like to be regulated and limited.

2. Declining grades and religious attitudes of students

    The sophistication of technology is an important part of the success of education in a better direction. However, the need for technology in education must adapt to the need for teaching rather than just being limited to the greatness of technology. So it is necessary to consider related to age, culture, economic circumstances, interests, experiences, the level of education of a person, and familiarity in the use of technology in education [12].

    Furthermore, it turns out that technological sophistication also has a significant impact on a person's religiosity. As can be seen from the results of surveys and research in class IX of SMA Negeri 9 Malang, as many as 63 students are willing to leave their time to worship because of the fun of playing gadgets.

    Related to the ease of learning religious science, based on surveys and research, as many as 51 students stated difficulties if they learned religion through devices, and as many as 47 students did not fill in the device with religious-related applications. So it can be concluded that the use of gadgets today greatly affects a person's religious attitude. Because it was too fun to wear the gadget so that it left the worship. In fact, religion is a fundamental guide for a person in behaving, behaving, and living this life.

3. Decreased social care of students

    The presence of gadgets presents a variety of conveniences and entertainment. So it is felt that there is a need for a directed briefing to students regarding how to use and use good and correct devices. So that students become wiser in using gadgets, and appropriate according to their needs. And students understand the importance of the value of a process, as well as understand the effective and efficient use of gadgets [12].

Students who are so active in using gadgets in their daily lives will have more happy characteristics if they get something easily without any effort. Although it is recognized that the insights of those who use gadgets will be broader than those who are rarely active with gadgets. Because sometimes the information they get is much more accurate. But they will easily dictate the latest style regardless of the aesthetics and norms contained in it, so they will tend to be indifferent to the views of others and selfish with personal desires.

CONCLUSIONS

Strategies are carried out so that the process of integrity of religious values is carried out by integrating values in learning activities by relating the material presented to moral values, or the value of obedience to God. And also by using words related to the character of students, as well as using religious symbols during teaching and learning activities. With the integration of religious values in learning, it is able to erode the demoralization that is currently happening to generation Alpha in Indonesia, namely by developing alpha generation family education and repositioning it is necessary to find the concept of empathic education. A concept that can encourage parents and families to have the ability to feel the emotional state of the digital generation of children. In general, the concept of empathic education can be defined as the ability of a person (parents and nuclear family) to understand others den¬gan positioning themselves as others. Living empathicly includes acting le¬mah softly, loving others like himself, feeling the suffering of others, putting the rights of others first, helping others, be merciful to all beings, feel happy for the happiness of others, prevent others from harm, glorify others, repay the kindness of others with something better, do not offend the hopes of others and understand others who are different or know differences.

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